

# REGISTRATION & MEDICAL FORM

WARD/BRANCH \_\_\_\_\_

This form (both sides) must be completed, signed in both places, and returned in a timely manner to ward/stake leaders. Each participant (adult and youth) must complete a form. Those who do not return a completed and signed form will not be allowed to participate.

Name \_\_\_\_\_ Sex \_\_\_\_ Age \_\_\_\_ Birth date \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Insurance Company \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_

Parent's name (if minor) \_\_\_\_\_ Work phone \_\_\_\_\_

Parent's name (if minor) \_\_\_\_\_ Work phone \_\_\_\_\_

Please list any other required information that may be needed for insurance purposes if it becomes necessary to secure the medical services of a doctor or hospital. This could include insurance pre-authorization phone numbers, name and Social Security number of the insured employee, whether it is necessary to contact a primary care physician, etc. **NOTE:** Parents of youth will be contacted, as possible, before securing the medical services of a doctor or hospital in the case of an emergency.

Information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## STATEMENT OF RESPONSIBILITY

This Pioneer Trek Youth Conference will be held in a wilderness setting. We will be "roughing it", so to speak. The Stake will provide food, restroom facilities, safe drinking water, and learning activities. Each participant in this conference must act in accordance with church standards at all times, and aid other members of the conference in behaving in accordance with church standards. There are inherent risks involved in all outdoor activities, including this Stake sponsored Youth Conference. Proper preparation reduces these risks and is the responsibility of all participants. These considerations should include a warm sleeping bag, warm clothing, a poncho or rain coat, sunscreen, insect repellent, and other items listed on the personal equipment list. All participants must act in such a way as to not endanger themselves or others, and should show charitable consideration to other participants and leaders in the Trek. (continued)

(Continued from the previous page)

## Participant Agreement

I declare that the above statements are complete and correct, and agree to act in accordance with the Statement of Responsibility.

Signature of Participant \_\_\_\_\_

Signature of Parent (if youth participant) \_\_\_\_\_

Date \_\_\_\_\_

## Parental Permission and Release

I, the undersigned, am aware that my youth will be participating in the above mentioned Stake Pioneer Trek Youth Conference. I have read the Statement of Responsibility and have supplied the medical statements above, which are complete and correct. I hereby give my full permission for him/her to participate in this youth conference and authorize the adult leaders supervising this activity to administer emergency treatment for any accident or medical illness and to act in my stead in approving necessary medical care. In the event that any medical attention is needed, I hereby authorize any physicians in charge of my child to administer such medical or surgical treatment or carry out such procedure(s) as may be deemed necessary or advisable in the diagnosis or treatment of my child. This permission includes travel to and from the conference, as well as, participation in the conference.

**I acknowledge that my child's participation in the Stake Pioneer Trek is voluntary. I further acknowledge that there is the risk that my child may suffer injuries as a result of his or her participation in this Trek. Therefore, I give my child permission to participate in the Stake Pioneer Trek and hereby release and waive all claims and charges against The Church of Jesus Christ of Latter-day Saints, the North Salt Lake Utah Parkway Stake, all of its ward and branches, and all of the leaders and staff in this Trek for all injuries to me or my child that arise from or relate to my or my child's participation in this Trek.**

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parental Signature (if youth) \_\_\_\_\_ Date \_\_\_\_\_

(Continued from the previous page)

Despite such precautions, however, all risk of personal injury cannot be eliminated. You agree to participate despite such risks.

Each participant is responsible to condition themselves physically for this experience. Specifically, they must be able to complete a minimum requirement of walking/running five (5) miles on level ground in 75 minutes or less without undue stress. Meeting and preparing for this requirement is the sole responsibility of each participant prior to Trek.

The Trek will be conducted on private property. Each participant must follow applicable "No Trace Camping" protocols and other local rules and regulations to maintain the wilderness nature of the property. Especially, each participant must avoid littering of any kind.

### PARTIAL MEDICAL HISTORY

If you currently suffer from, or have experienced any of the following conditions within the past, please mark the appropriate space below:

- |   |   |
|---|---|
| <input type="checkbox"/> Asthma                         | <input type="checkbox"/> Epilepsy                 |
| <input type="checkbox"/> Arthritis                      | <input type="checkbox"/> Fainting spells          |
| <input type="checkbox"/> Emotional problems (medicated) | <input type="checkbox"/> Ulcers                   |
| <input type="checkbox"/> Bone or joint injuries         | <input type="checkbox"/> Rheumatic fever          |
| <input type="checkbox"/> Operation or serious illness   | <input type="checkbox"/> High blood pressure      |
| <input type="checkbox"/> Diabetes                       | <input type="checkbox"/> Heart trouble            |
| <input type="checkbox"/> Pregnancy                      | <input type="checkbox"/> Other medical conditions |
| <input type="checkbox"/> Hypoglycemia                   | which might limit participation                   |

Explain \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If you marked any of the above items, you must fill out the Medical Release Form and have it completed by a medical doctor, you cannot participate without it. The Medical Release Form is available from you ward/stake leaders.

Other medical information:  
Allergies, special diets, or medication reactions \_\_\_\_\_  
Medications currently being used \_\_\_\_\_  
Are immunizations up to date? \_\_\_\_\_  
Date of last tetanus shot \_\_\_\_\_  
Physical conditions that limit activity \_\_\_\_\_  
Have you had more than a minor illness or injury during the year, or a chronic recurring illness? \_\_\_\_\_ If yes, please explain \_\_\_\_\_  
Family Doctor \_\_\_\_\_ Phone \_\_\_\_\_

(continued)

**North Salt Lake Parkway Stake  
Stake Youth Conference  
Pioneer Trek 2006**

***PERSONAL EQUIPMENT LIST-***

**EVERYONE should bring:**

- 5 gallon bucket and lid (WILL BE PROVIDED)
- 1 warm sleeping bag (it gets plenty nippy in the mountains)–put inside plastic bag
- 1 old blanket (wool if possible)
- 1 old coat (heavy and warm)
- 1 rain poncho
- Visqueen--(enough plastic to serve as a ground cloth and shelter from the rain)
- 1 old pair of tennis shoes
- 2 pair of shoes to hike in (don't buy new ones -- they will give you blisters. Sturdy running or tennis shoes will work fine if you don't have hiking boots)
- 4 pair of sturdy socks
- 3 pair inner socks
- 2 sets of underclothing
- fanny pack (day pack for Ma/Pa)
- 2 bandannas (necessary items)
- 1 metal pie plate, 1 large spoon attached
- 1 tin cup
- 1 small hand towel and a comb or brush
- 1 toothbrush & baking soda
- 5 Band-Aids and prescribed medications only
- An old set of scriptures and your favorite church magazine
- 2 heavy duty garbage bags
- Water bottle
- Chapstick (lip balm), insect repellent, small package of Handy Wipes and sunscreen

**MEN should bring:**

- 2 pairs of wool, canvas, or cotton pants (not levis)
- 2 long-sleeved shirts (flannel are best, but any will do)
- 1 wide-brimmed western style hat (no baseball or army hats allowed)
- 1 pair suspenders

**WOMEN should bring:**

- 2 mid-calf length, long-sleeved dresses
- 1 or 2 bonnets
- 1 pair of knee-length bloomers (can be made out of old pajama bottoms or hospital pants (patterns are available upon request)
- 1 apron
- 1 flannel nightgown
- Feminine hygiene supplies

**Optional Items:**

- Camera and film
- Personal journal and pen or pencil
- A pocket or sheath knife
- Harmonica or other small musical instrument (this does not include walkmans, discmans or other electronic items!)

*Please arrive dressed in pioneer clothing. You will be wearing one set of clothing when you arrive, and the other set you will use for changing. Ask around or visit second-hand stores such as Deseret Industries. Don't wear clothing that you wouldn't want subjected to heavy use.*

**Release to Use Image**

INTELLECTUAL PROPERTY OFFICE  
50 E NORTH TEMPLE ST RM 1888  
SALT LAKE CITY UT 84150-3011  
Telephone 1-801-240-3959  
Fax 1-801-240-1187  
cor-intellectualproperty@ldschurch.org

This Release has 2 total pages.

File number (optional)

IPO number

**Parties to Release**

This Release to Use Image (hereinafter, "Release") is an agreement and release between Intellectual Reserve, Inc. (IRI), and

|                  |   |                      |
|------------------|---|----------------------|
| Name ("Grantor") | Telephone with area code  | Name of photographer |
| Address          | Description of product<br><b>Video and Still photos of North Salt Lake Parkway Utah Stake Pioneer Trek activities</b> |                      |

**Terms and Conditions**

In consideration of the mutual promises and covenants hereinafter contained, and for other good and valuable consideration, Grantor and IRI hereby agree:

1. Grantor hereby irrevocably grants to IRI and its licensees, successors, and assigns (collectively, "IRI") consent and full right to:
  - a. Interview Grantor and to record or otherwise tape, reproduce, or take notes on such interview or interviews;
  - b. Record, copy, reproduce, adapt, edit, summarize, copyright, publish, exhibit, distribute, perform, and otherwise exploit throughout the universe in perpetuity the content or product of such interviews and any materials Grantor may make available to IRI (in whole or in part, in any and all languages, and with or without credit to Grantor) in any work produced by IRI, including books, magazines, articles, or any other publications; and/or in any and all other media now known or hereafter devised, including, without limitation, theatrical, television, motion picture, Internet, and allied media; and in any advertising or publicity in connection therewith; with the unlimited right to reveal fully, quote directly, paraphrase, edit, review, or otherwise make use of the products of such interviews and of such materials; and
  - c. Describe and portray, in whole or in part, Grantor and/or any episodes or biographical history of Grantor's life and to use Grantor's name and any pictures, photographs, or likenesses of Grantor (alone or with others, including members of Grantor's family) from news sources, given to IRI by Grantor, or created or obtained by IRI in connection with such interviews.
2. Grantor hereby agrees that Grantor shall have no right (including, without limitation, copyright), title, or interest in or to any IRI work or publication or any material included therein pursuant to this Release and that Grantor shall have no claim of any kind or nature whatsoever against IRI based on the exercise of any rights granted hereunder. Nothing herein will constitute any obligation on the part of IRI to make any use of any of the rights set forth herein.
3. Unless Grantor has received IRI's prior written approval, Grantor shall not issue or authorize the publication of any news story or publicity relating to this Release or IRI. Neither Grantor nor any third party controlled or licensed by or otherwise affiliated with Grantor (hereinafter, "Third Party") shall state or imply any approval, sponsorship, or endorsement by IRI of Grantor or Grantor's activities, nor shall Grantor or any Third Party allow any statement or inference of such approval, sponsorship, or endorsement to continue, whether such approval, sponsorship, or endorsement is stated or implied to derive from IRI or to result from IRI's use or exercise of the rights granted by this Release.
4. Grantor represents and warrants to IRI that Grantor is free to enter into this Release and that Grantor's performance hereunder will not conflict with any other agreement or understanding to which Grantor may be a party. In the event of any claims made by third parties, Grantor agrees to defend and indemnify IRI and to hold IRI harmless from any costs, expenses, and/or losses, including reasonable attorney's fees and costs, incurred as a result of a breach by Grantor of any representation or warranty made in this Release.
5. Grantor hereby acknowledges and agrees that in the event of any breach or alleged breach by IRI of any of its obligations to Grantor, Grantor shall be limited to Grantor's remedies at law for damages and shall not be entitled to terminate or rescind this Release. This Release shall be binding upon and inure to the benefit of the parties, their successors, heirs, assigns, and legal representatives and shall be governed by and construed in accordance with the laws of the State of Utah, excluding conflict-of-law principles. If any dispute arises out of or relates to this Release, the parties shall use their best efforts to settle such dispute through correspondence, mutual consultation, and other mediating efforts. If the parties are unable to resolve their dispute in this manner, both parties agree to the jurisdiction of the courts in the State of Utah for purposes of any action instituted pursuant to this Release.

**In Witness Whereof**

The parties have affixed their signatures to this Release. **By signing below, Grantor warrants and represents that he or she has read this Release, understands its contents, and has the legal capacity to execute this Release.**

|                                 |      |
|---------------------------------|------|
| Intellectual Reserve, Inc.<br>X | Date |
| Grantor<br>X                    | Date |

| MARCH   | APRIL  | MAY  | JUNE  |
|---|--|--|---|
| VISIT JOSEPH SMITH BUILDING-SEARCH FOR ANCESTORS  | PUT NAMES ON DISK GET TEMPLE RECOMMEND PERFORM BAPTISMS FOR DEAD       | PERFORM BAPTISMS FOR THE DEAD<br>FILL OUT EXPERIENCE FORM  | SEND THANK YOU TO GENEALOGY COMMITTEE FOR HELPING YOU FIND ANCESTORS                    |
| COMPLETE YOUR FOUR GENERATION CHART   | IF YOU NEED TO BUY NEW SHOES-DO SO THIS MONTH SO THEY CAN BE BROKEN IN | CHECK THE PACKING LIST-GET ALL CLOTHES NEEDED  | PREPARE PERSONAL ITEMS FOR YOUR BUCKETS   |
| WALK 30 MINUTES 3 TIMES A WEEK  | WALK 40 MINUTES 3 TIMES A WEEK   | WALK 50 MINUTES 4 TIMES A WEEK   | WALK 60 MINUTES 4 TIMES A WEEK  |
| READ SCRIPTURES   | READ SCRIPTURES  | READ SCRIPTURES  | READ SCRIPTURES   |
| *COUNT YOUR BLESSING'S<br>WRITE 25 THINGS YOU ARE GRATEFUL FOR (on the back of this page) | WRITE AN ADDITIONAL 25 BLESSINGS                                       | WRITE AN ADDITIONAL 25 BLESSINGS   | WRITE AN ADDITIONAL 25 BLESSINGS  |
| PERFORM SECRET ACTS OF SERVICE FOR FAMILY MEMBERS   | PERFORM SECRET ACTS OF SERVICE FOR NEIGHBORS                           | PERFORM SECRET ACTS OF SERVICE FOR FRIENDS IN WARD   | PERFORM SECRET ACTS OF SERVICE FOR FRIENDS IN STAKE                                     |
| READ PIONEER STORY  | READ PIONEER STORY   | READ PIONEER STORY   | READ PIONEER STORY  |
| PREPARE 2 1/2 MINUTE TALK TO GIVE IN SACRAMENT MEETING                                    | TALK TO RELATIVE ABOUT 1ST ANCESTOR TO JOIN THE CHURCH                 | BUILD FAITH AND TESTIMONY BY READING THE NEW ERA TO STRENGTHEN US AGAINST OUR OWN EXTREME CHALLENGES | TAKE TIME TO THINK ABOUT THE MARTIN AND WILLY HANDCART COMPANY AND THE COURAGE THEY HAD |
| GO SEE JOSEPH SMITH THE PROPHET OF THE RESTORATION  | WATCH "LEGACY" TALK ABOUT PIONEER HERITAGE                             | VISIT "THIS IS THE PLACE MONUMENT & PIONEER VILLAGE  | HIKE TO ENSIGN PEAK OR VISIT BEEHIVE HOUSE OR BOTH                                      |
| WRITE IN YOUR JOURNAL   | WRITE IN YOUR JOURNAL  | WRITE IN YOUR JOURNAL  | WRITE IN YOUR JOURNAL   |
| CHECK OUT INTERNET TREK SITE<br>pioneer-trek.net  | CHECK OUT INTERNET TREK SITE<br>pioneer-trek.net                       | CHECK OUT INTERNET TREK SITE<br>pioneer-trek.net   | CHECK OUT INTERNET TREK SITE<br>pioneer-trek.net  |

**Project Information**

|         |            |                           |
|---------|------------|---------------------------|
| Grantor | IPO number | File number (if assigned) |
|---------|------------|---------------------------|

**Parental Consent** If Grantor is a minor child, Grantor's parent or legal guardian must complete the following.

I, the undersigned, hereby warrant and represent that I am the parent or legal guardian of the minor child named on page 1 of this Release ("Grantor"), that I have full authority to execute this Release on behalf of Grantor, that I have read this Release, and that by signing below I have granted this Release on behalf of Grantor. I hereby agree that I and said Grantor and all other parents or legal guardians, if any, will be bound by all releases, consents, and covenants contained in this Release.

|                            |                |                          |
|----------------------------|----------------|--------------------------|
| Name of parent or guardian | Signature<br>X | Date                     |
| Address                    | IPO number     | Telephone with area code |

**Additional Grantors**

All terms and conditions of this Release, including parental consent (if required), apply to each Grantor named below. **By signing below, each Grantor warrants and represents that he or she has read this Release, understands its contents, and has the legal capacity to execute this Release.**

|                                |                          |   |  |  |
|--------------------------------|--------------------------|---|--|--|
| Name of Grantor (please print) |                          | Name of parent or guardian (please print) |  | Telephone with area code (if different from Grantor's) |
| Address                        | Telephone with area code | Address (if different from Grantor's)     |  |  |
| Signature of Grantor<br>X      | Date                     | Signature of parent or guardian<br>X      |  | Date   |
| Name of Grantor (please print) |                          | Name of parent or guardian (please print) |  | Telephone with area code (if different from Grantor's) |
| Address                        | Telephone with area code | Address (if different from Grantor's)     |  |  |
| Signature of Grantor<br>X      | Date                     | Signature of parent or guardian<br>X      |  | Date   |
| Name of Grantor (please print) |                          | Name of parent or guardian (please print) |  | Telephone with area code (if different from Grantor's) |
| Address                        | Telephone with area code | Address (if different from Grantor's)     |  |  |
| Signature of Grantor<br>X      | Date                     | Signature of parent or guardian<br>X      |  | Date   |
| Name of Grantor (please print) |                          | Name of parent or guardian (please print) |  | Telephone with area code (if different from Grantor's) |
| Address                        | Telephone with area code | Address (if different from Grantor's)     |  |  |
| Signature of Grantor<br>X      | Date                     | Signature of parent or guardian<br>X      |  | Date   |
| Name of Grantor (please print) |                          | Name of parent or guardian (please print) |  | Telephone with area code (if different from Grantor's) |
| Address                        | Telephone with area code | Address (if different from Grantor's)     |  |  |
| Signature of Grantor<br>X      | Date                     | Signature of parent or guardian<br>X      |  | Date   |

**For IRI Internal Use Only**

|  |                                     |
|--|-------------------------------------|
| Department or organization to be charged (requesting organization) | Approval of requesting organization |
|--|-------------------------------------|

Account code

| 25 BLESSINGS I HAVE BEEN GIVEN | 25 MORE BLESSINGS | 25 MORE BLESSINGS | 25 MORE BLESSINGS |
|--------------------------------|-------------------|-------------------|-------------------|
| 1.                             |                   |                   |                   |
| 2.                             |                   |                   |                   |
| 3.                             |                   |                   |                   |
| 4.                             |                   |                   |                   |
| 5.                             |                   |                   |                   |
| 6.                             |                   |                   |                   |
| 7.                             |                   |                   |                   |
| 8.                             |                   |                   |                   |
| 9.                             |                   |                   |                   |
| 10                             |                   |                   |                   |
| 11                             |                   |                   |                   |
| 12                             |                   |                   |                   |
| 13                             |                   |                   |                   |
| 14                             |                   |                   |                   |
| 15                             |                   |                   |                   |
| 16                             |                   |                   |                   |
| 17                             |                   |                   |                   |
| 18                             |                   |                   |                   |
| 19                             |                   |                   |                   |
| 20                             |                   |                   |                   |
| 21                             |                   |                   |                   |
| 22                             |                   |                   |                   |
| 23                             |                   |                   |                   |
| 24                             |                   |                   |                   |
| 25                             |                   |                   |                   |