

***North Salt Lake Parkway Stake
Stake Youth Conference
Pioneer Trek 2006***

PERSONAL EQUIPMENT LIST-

EVERYONE should bring:

- 5 gallon bucket and lid
- 1 warm sleeping bag (it gets plenty nippy in the mountains)—put inside plastic bag
- 1 old blanket (wool if possible)
- 1 old coat (heavy and warm)
- 1 rain poncho
- Visqueen--(enough plastic to serve as a ground cloth and shelter from the rain)
- 1 old pair of tennis shoes
- 2 pair of shoes to hike in (don't buy new ones -- they will give you blisters. Sturdy running or tennis shoes will work fine if you don't have hiking boots)
- 4 pair of sturdy socks
- 3 pair inner socks
- 2 sets of underclothing
- fanny pack (day pack for Ma/Pa)
- 2 bandannas (necessary items)
- 1 metal pie plate, 1 large spoon attached
- 1 tin cup
- 1 small hand towel and a comb or brush
- 1 toothbrush & baking soda
- 5 Band-Aids and prescribed medications only
- An old set of scriptures and your favorite church magazine
- 2 heavy duty garbage bags
- Water bottle
- Chapstick (lip balm), insect repellent, small package of HandiWipes and sunscreen

MEN should bring:

- 2 pairs of wool, canvas, or cotton pants (not levis)
- 2 long-sleeved shirts (flannel are best, but any will do)
- 1 wide-brimmed western style hat (no baseball or army hats allowed)
- 1 pair suspenders

WOMEN should bring:

- 2 mid-calf length, long-sleeved dresses
- 1 or 2 bonnets
- 1 pair of knee-length bloomers (can be made out of old pajama bottoms or hospital pants (patterns are available upon request))
- 1 apron
- 1 flannel nightgown
- Feminine hygiene supplies

Optional Items:

- Camera and film
- Personal journal and pen or pencil
- A pocket or sheath knife
- Harmonica or other small musical instrument (this does not include walkmans, discmans or other electronic items!)

Please arrive dressed in pioneer clothing. You will be wearing one set of clothing when you arrive, and the other set you will use for changing. Ask around or visit second-hand stores such as Deseret Industries. Don't wear clothing that you wouldn't want subjected to heavy use.